



Caregiving for Seniors

16TH ANNUAL CONFERENCE

Empowering Caregivers:
Hope, Joy and Self-Care

A Three-Hour Virtual Event

Date: Thursday, November 12, 2020

Time: 10 a.m. to 1 p.m.

Register for Free at [HF.org/caregivers](https://www.healthfirst.org/caregivers)



2020 Conference Highlights

- **Caring for the Caregiver**
A workshop on caregiver fatigue
Dr. James Coyle, Keynote Speaker
- **Mile Markers During the Caregiving Journey**
A panel of experts providing guidance with "action tips" for each mile marker
- **Caring for the Caregiver**
Tools to help manage caregiver fatigue
Dr. James Coyle

Hear from Live Panelists

- **Dr. Visa Srinivasan**, Medical Director
Health First Aging Services
- **Tiffany Overath**, Social Worker
Health First Aging Services
- **Michelle Rogers**, System Director
Health First Home Care & Private Duty
- **Robin M. Petersen, P.A.**, Elder Law Attorney
Estate Planning & Elder Law Center

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CENTER FOR

**Family
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3661 S. Babcock St.
Melbourne, FL 32901