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 – Sharad Vyas, M.D.

# GETTING TO KNOW: DR. SHARAD VYAS

PEDIATRICS, PALM BAY

President of Brevard Indo American Medical Association (BIMDA)



**A**t a young age, Dr. Sharad Vyas had a strong desire to be a doctor. Born in Rajpipla in the state of Gujrat, India, he felt that being a doctor was his calling in life.

He graduated from India's prestigious Maharaja Sayajirao University, Baroda Medical College. His first overseas trip was to Kuala Lumpur, Malaysia; to complete his Educational Council for Foreign Medical Graduates' qualifying exam, after which he arrived in New York in 1975. After completing his residency program in pediatrics from the Jewish Hospital and Medical Center of Brooklyn he moved to Florida in 1979.

Dr. Vyas was the first pediatrician to start a pediatric practice in Palm Bay in 1979 and has been promoting health in the community since then. In his practice he treats newborns and children until the age of 18. As a pediatrician he is involved in every stage of his patients' development - in good health and sickness. His practice involves providing preventive health maintenance for healthy children and medical care for those that are sick.

"I love and enjoy my work and cannot imagine having chosen any other profession than medicine, nor any specialty other than pediatrics." Dr. Vyas said.

Dr. Vyas admits that being around children is never dull. During an office visit one day he remembers a patient's mom telling him, "We asked our son what he wants to be when he grows up and he said 'when I grow up I want to be Dr. Vyas.'"

He is the current president of BIMDA, a membership based medical association and a leading society of its kind in Florida. His association with BIMDA started in 2002 when BIMDA held its First Medical Expo. In June of this year BIMDA will be showcased on a national level at the AAPI conference to be held in Orlando.

He is on staff at Holmes Regional Medical Center and has served as Chairman of the Department of Pediatrics in 1984-1985 and again in 1998-1999. He is also an active Rotarian. He has been involved with the Rotary Club of Palm Bay since 1981, serving as its president in 1990-1991. He has also served for 10 years as the club's secretary and another 10 years as treasurer. He was president of the Indian Association of the Space Coast in 1993, promoting the Indian culture and its heritage in Brevard.

He is passionate about his two hobbies, tennis and photography. He loves playing tennis and is on the tennis courts every weekend, with his friends. Photography is his other hobby and he is always capturing candid shots around him.

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— Rekha Vyas



Dr. Vyas and his wife Rekha

His daily routine includes studying The Bhagwad Gita, a religious and spiritual book. He is very fascinated by its teachings and has been a student of The Bhagwad Gita since 1997.

Dr. Vyas is married to Rekha whom he met in India prior to coming to the U.S. They have three children. Their eldest daughter is an audiologist. Their middle daughter is an athletic trainer and a personal trainer with a master's degree in exercise science from the University of South Florida. Their youngest daughter is graduating this year from the University of South Florida, Morsani College of Medicine. Their eldest daughter and son-in-law have made them proud grandparents.

"I've never seen a pediatrician get so excited about seeing a baby as Sharad does when he is near our grandson," his wife Rekha said.

Dr. Vyas enjoys living in Brevard and is happy and proud to be part of this beautiful community which he has called home since 1979.

For more information on BIMDA, please visit [Bimda.com](http://Bimda.com) or call (321) 952-0853.